

# The Talent Code Greatness Isn't Born It's Grown Here's How

**The Talent Code: Greatness Isn't Born. It's Grown. Here's ...**

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*The Talent Code: Greatness Isn't Born. It's Grown. Here's ...*

The Talent Code. • Deep Practice—Everyone knows that practice is a key to success. What everyone doesn't know is that specific kinds of practice can increase skill up to ten times faster than conventional practice. • Ignition—We all need a little motivation to get started.

*The Talent Code Greatness Isn't*

The good news about myelin is that it isn't fixed at birth; to the contrary, it grows, and like anything that grows, it can be cultivated and nourished. Combining revelatory analysis with illuminating examples of regular people who have achieved greatness, this book will not only change the way you think about talent, but equip you to reach your own highest potential.

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### *The Talent Code on Apple Books*

About the Author. Daniel Coyle is the author of the New York Times bestseller *Lance Armstrong's War and Hardball: A Season in the Projects*, and is a contributing editor for *Outside* magazine. He lives with his wife and four children in Homer, Alaska, where he coaches a rapidly improving Little League team.

### *"The Talent Code: Greatness Isn't Born. It's Grown." by ...*

The Talent Code: Greatness Isn't Born. It's Grown. Here's How. These three elements work together within your brain to form myelin, a microscopic neural substance that adds vast amounts of speed and accuracy to your movements and thoughts. Scientists have discovered that myelin might just be the holy grail: the foundation of all forms of greatness,...

### *The Talent Code: Greatness Isn't Born. It's Grown. Here's ...*

In short, they've cracked the talent code. The talent code is built on revolutionary scientific discoveries involving a neural insulator called myelin, which some neurologists now consider to be the holy grail of acquiring skill. Here 's why.

### *The Talent Code*

The Talent Code: Greatness isn't born. It's grown and over 8 million other books are available for Amazon Kindle . Learn more

### *The Talent Code Greatness Isn't Born It's Grown Here's How ...*

\* The word talent can be vague and loaded with slippery overtones about potential, particularly when it comes to young people—research shows that being a prodigy is an unreliable indicator of long-term success (see page 223).

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*The Talent Code | Grow Your Own Greatness | Here's How*

Each one of these elements is powerful in shaping talent in its own right. Combine the three and you have the making of greatness. As the subtitle suggests, greatness isn't born. It's made. And it's made in extraordinary amounts in talent hotbeds that combine deep practice, ignition, and master coaching.

*THE BIG IDEAS The Talent Code*

The Talent Code: Greatness isn't born. It's grown Daniel Coyle No preview available - 2010

*The Talent Code: Greatness Isn't Born. It's Grown. Here's ...*

The Talent Code is a fascinating study of success, the success of groups or clusters of people in widely separated parts of the globe and in many different fields of endeavour. Contrary to common thought talent is not born it is gained through deep focused practice.

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*The Talent Code Greatness isn't born*

"The talent code is built on a revolutionary scientific discovery involving a neural insulator called

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*The Talent Code: Greatness isn't born. It's grown: Amazon ...*

It isn't specific, innate talent, nor is it plain old hard work. It's a very specific type of work that anyone can do—but most people don't. What's more, the principles of great performance apply to virtually any activity that matters to you.

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The Talent Code : Greatness Isn't Born.

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