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Veggie Reviews
Famous for their love
of meat, motorbikes
and 'man food', the
Hairy Bikers are
unlikely advocates of a
vegetarian lifestyle.

But, having shed more

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than six stone between them by concocting quick and easy dishes that were also low in calories, the pair have now cooked up a book of meat-free recipes.

Recipes - Home - Hairy Bikers

The Hairy Dieters Go Veggie. Turnip the heat and put veggies back on the weight-loss menu! 80 delicious vegetarian recipes to make losing weight

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