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school gifted-students curriculum, we were required to read this book. 10 years later, it is still one of the most influential books I have come across in my entire life, and I still use many of the techniques the book talks about in its memory and note-taking chapters.

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quality of Rita Carter's "The Human Brain Book" in describing the anatomy and function of the human brain. The book is a very illustrated introduction to the world of neuroscience. The book also included a DVD disk, but that component will not be included in this review.

The Human Brain Book: An Illustrated Guide to its ...

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In this book, journalist and sports writer Zach Schonbrun set out on a mission to discover what actually drives human movement. He interviews neuroscientists and other experts on motor control to understand how the brain's motor control system works in extraordinary talented athletes like Stephen Curry, Tom Brady, Serena Williams, and Lionel

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is balanced, resilient,
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empathic. According to
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The must-read brain books of 2017 featured persuasion, compulsion, popularity, fear, technology, distraction, and the reasons why we're capable of so much good and so much evil.

The Must-Read Brain
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"For anyone recovering from brain injury, Cavin Balaster's book *How to Feed a Brain* is the critical link between theory and application. Like Cavin, my mother suffered a traumatic brain injury (in her case, a ruptured brain aneurysm).

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Eagleman "The Brain"
Concise Advice
is an excellent
companion piece to the
six-part PBS series of
the same title.

Neuroscientist and best-selling author David Eagleman, educates and fascinates the general public with a wonderful popular-science examination of our brains.

The Brain: The Story
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