

Perfectionism Theory Research And Treatment

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Perfectionism: Theory, Research, and Treatment by Gordon L. ...

Over 25 years of research suggests an important link between perfectionism and personality traits included in the five-factor model (FFM). However, inconsistent findings, underpowered studies, and a plethora of perfectionism scales have obscured understanding of how perfectionism fits within the FFM.

Perfectionism: Theory, Research, and Treatment | American ...

Perfectionism: Theory, Research, and Treatment. Topics include assessing and conceptualizing perfectionism, its development, the role of emotion, perfectionism's irrational and adaptive sides, and its link to stress and interpersonal problems. Case studies reveal a perfectionist husband who batters his wife and says his only mistake was his marriage...

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This book integrates contemporary theory and research on the nature of perfectionism, with particular focus on perfectionism as maladaptive. Chapters are divided into four sections.

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ferent disorders, because perfectionism does not belong ex-clusively to obsessive-compulsive and related disorders but also involves panic disorder, social phobia, and eating disor-ders. The impact of perfectionism in mood disorders has been documented in depression (1) and bipolar disorder (2, 3).

Perfectionism and the Five-Factor Model of Personality: A ...

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Perfectionism: Theory, Research, and Treatment: Theory ...

The Psychology of Perfectionism: Theory, Research, Applications provides a comprehensive and state-of-the-art overview of perfectionism theory, research, and treatment from the past 25 years, with contributions from the leading researchers in the field.

Perfectionism: Theory, Research, and Treatment

The theory and research portions of the book are useful in conceptualizing a psychological understanding of perfectionism, but for the treatment you would need another resource. Read more 4 people found this helpful

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(PDF) The psychology of perfectionism: Theory, research ...

Perfectionism: Theory, research, and treatment. This book integrates contemporary theory and research on the nature of perfectionism, with particular focus on perfectionism as maladaptive. Chapters are divided into four sections. The first part serves as an introduction to some basic themes in the perfectionism field.

Perfectionism

Research on perfectionism is flourishing, but the unspecified distinction between perfectionism and the pursuit of excellence is a lingering issue that urgently needs conceptual, theoretical, and ...

Perfectionism: Theory, Research, and Treatment

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Perfectionism: Theory, research, and treatment.

G. L. Flett and P. L. Hewitt (Eds.) (2002) *Perfectionism. Theory, Research and Treatment.*American Psychological Association: Washington, DC. £42.50 (hard-back), pp ...

Perfectionism Theory Research And Treatment

Their chapters combine the best current research with insights relevant to the treatment and origins of perfectionism. Perfectionism will be a welcome resource for researchers, clinicians, counselors, and educators who encounter perfectionists in their work and all others who are interested in learning more about this challenging personality style.

Perfectionism : theory, research, and treatment (eBook ...

Contents/Summary. The scholars reveal perfectionism as a personality style with multiple developmental influences that contribute to significant interpersonal problems. Their chapters combine research with insights that are relevant to the treatment and origins of perfectionism. (source: Nielsen Book Data) 9781557988423 20160528.

Perfectionism : theory, research, and treatment in ...

Perfectionism is often seen as a positive trait that increases your chances of success, but it can lead to self-defeating thoughts or behaviors that make it harder to achieve goals. It may also ...

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Perfectionism: Theory, Research, and Treatment. In this timely and important volume, contributors focus on the maladaptive aspects of perfectionism. This will be a welcome resource for those who encounter perfectionists in their work and all others who wish to learn more about this challenging personality style.

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