

Off Balance Getting Beyond The Work Life Balance Myth To Personal And Professional Satisfaction

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Off Balance, by Matthew Kelly, goes beyond time management and work-life balance to discuss overall satisfaction with life and how to increase it. He begins by asking the reader what he/she likes and doesn't like about his/her life. He then critiques the individualism, the hedonism, and the minimalism that characterizes American culture today.

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Off Balance: Getting Beyond the Work-Life Balance Myth to Personal and Professional Satisfaction [Matthew Kelly] on Amazon.com. *FREE* shipping on qualifying offers. The research upon which this book is based shows overwhelmingly that people want satisfaction much more than they want balance. And yet

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Off Balance: Getting Beyond the Work-Life Balance Myth to Personal and Professional Satisfaction by Matthew Kelly. The prescriptive follow-up to the New York Times bestseller The Dream Manager. One of the major issues in our lives today is work-life balance. Everyone wants it; no one has it.

Off Balance: Getting Beyond the Work-Life Balance Myth to ...

Off Balance: Getting Beyond the Work-Life Balance Myth to Personal and Professional Satisfaction Matthew Kelly. Hudson Street, \$21.95 (160p) ISBN 978-1-59463-081-1

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Off Balance Getting Beyond the WorkLife Balance Myth to ...

— Matthew Kelly, Off Balance: Getting Beyond the Work-Life Balance Myth to Personal and Professional Satisfaction “Our present culture idolizes three practical philosophies that are eating away at the very fabric of our workforce and culture, our relationships, and our lives. The first of these practical philosophies is individualism.

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About Off Balance. The prescriptive follow-up to the New York Times bestseller The Dream Manager.. One of the major issues in our lives today is work-life balance. Everyone wants it; no one has it. But Matthew Kelly believes that work- life balance was a mistake from the start.

Off Balance by Matthew Kelly: 9781594630811 ...

Off Balance: Getting Beyond the Work-life Balance Myth to Personal and Professional Satisfaction. He introduces us to the three philosophies of our age that are dragging us down. He shows us how to cultivate the energy that will give us enough battery power for everything we need and want to

do.

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Off balance : getting beyond the work-life balance myth to personal and professional satisfaction. [Matthew Kelly; Mike Chamberlain] -- One of the major issues concerning our lives today is work-life balance. No one has it and everyone wants it. In this book the author suggests that balance is not what we really want.

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Off balance philosophically Matthew Kelly is not a philosopher. He must have read something, not enough to explain to others. Aside from his repetitive style of writing, the content is naive and tedious. Live strategically is good advice. Better figure out how in another book. 2 of 2 people found this review helpful

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OFF BALANCE. Getting Beyond the Work-Life Balance Myth to Personal and Professional Satisfaction. by Matthew Kelly. BUY NOW FROM ... 2008, etc.) conducted a survey that found people prefer satisfaction to balance in both the workplace and at home. With this in mind, he set about devising a method to guarantee satisfaction in both work and life ...