

Facing Love Addiction Giving Yourself The Power To Change The Way You Love

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~~DBC 2.54: Facing Love Addiction: Healthy Relationships~~

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Facing Love Addiction: Giving Yourself the Power to Change ...

Overview. In this revised and updated version of Facing Love Addiction, bestselling author of Facing Codependence and internationally recognized dependence and addiction authority Pia Mellody unravels the intricate dynamics of unhealthy love relationships and shows us how to let go of toxic love. Through twelve-step work, exercises, and journal-keeping, Facing Love Addiction compassionately and realistically outlines the recovery process for Love Addicts, and Mellody's fresh perspective ...

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Start your review of Facing Love Addiction: Giving Yourself the Power to Change the Way You Love. Write a review. May 19, 2014 Caroline rated it it was ok. Shelves: counseling. If you are a big believer in the twelve-step model of recovery and viewing things from an addiction framework, then this book will likely resonate with you. For those of ...

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Through twelve-step work, exercises, and journal-keeping, Facing Love Addiction compassionately and realistically outlines the recovery process for Love Addicts, and Mellody's fresh perspective and clear methods work to comfort and motivate all those looking to establish and maintain healthy, happy relationships.?

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Facing Love Addiction: Giving Yourself the Power to Change ...

Title: Facing Love Addiction: Giving Yourself the Power to Change the Way You Love By: Pia Mellody, Andrea Wells Miller, J. Keith Miller Format: Paperback Number of Pages: 272 Vendor: HarperOne Publication Date: 1992: Dimensions: 9.26 X 6.14 X 0.68 (inches) Weight: 10 ounces ISBN: 0062506048 ISBN-13: 9780062506047 Stock No: WW506047

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