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Book Review - Mimi Anderson: Beyond Impossible - lizzie ...

We tasted 12 different meatless burgers, including Impossible Burger and Beyond Meat, to find the plant-based ground beef for burgers, tacos, chili, and more.

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Beyond Impossible From Reluctant Runner

Beyond Impossible: From Reluctant Runner to Guinness World Record Breaker by. Mimi Anderson. $4.16 \cdot \text{Rating details} \cdot 257 \text{ ratings} \cdot 22 \text{ reviews}$ When Mimi first started jogging on a treadmill as an unfit 36-year-old mother-of-three, she never imagined she would go on to become a World-Record-breaking ultrarunner.

The Best Plant-Based Burger (Impossible vs. Beyond and ...

The action is literally impossible instead of being one step higher than the current best. For example: Alice punches Bob and he steps back from the force. Up to Eleven, Alice punches Bob across the room. Beyond The Impossible, Alice punches Bob backwards in time. The former is just a stronger punch while the latter has nothing to do with strength.

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Beyond Impossible : From Reluctant Runner to Guinness World Record Breaker by Mimi Anderson and Lucy Waterlow English | 2017 | ISBN: 1786850540 | 272 Pages | PDF | 4 MB

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Beyond Impossible charts Mimi's journey from an unfit 36 year old who started running because she wanted thinner legs, to a top ultra runner and world record holder. However, the most compelling parts of the book tell the story of Mimi's battles with anorexia, triggered by abuse and bullying as a child.

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